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| **Friday** |  | **1:00 – 2:30** | **2:45 – 4:15** | **Members Only Training**  **7:00 – 9:00** |
| RR D2/D3 | 60 | Amy Nelson  **Play the Wiggles Away: Strategies for Teaching Self- Regulation** - In order to support the development of self-regulation in young children, childcare providers need to understand the science behind how these skills develop. In this training childcare providers will learn about the benefits of play and how it contributes to the development of self-regulation. Participants will have an opportunity to practice play-based strategies to promote the development of self-regulation with the children in their care. | Amy Nelson  **Mistake Goals of Misbehavior: The Crucial C’s Kids Need to Succeed** - Having a challenging child in your care can disrupt your whole internal state. It can make you feel inadequate, incompetent, intimidated and inferior. It can also be an opportunity to grow yourself personally and professionally in ways you never thought you’d stretch. Effective discipline recognizes the reasons why kids do what they do and works to change those beliefs, rather than merely attempting to change behavior. This training will help childcare providers understand the purpose behind misbehavior and teach them how to work with the issue, rather than against it. | Gina Blessing  Angie Carnes  **Planting Seeds for Success** |
| BB – A/B | 60 | Jill Anderson  **Think Outside: Let Nature Nurture Learning** - The call to action is louder than ever before. Current and ongoing research and our real-life experiences with challenging behaviors and interactions are evidence that children are struggling. They are struggling with the very real effects of the deficit of unstructured time outdoors, in nature, and with its elements. We will discover and discuss strategies to intentionally create opportunities for children to explore their sense of wonder and discover the variety and complexity of life. This supports early learning the way children’s brains and bodies crave – through active play and exploration! | Jacqueline Crocker  **Art for All Children** - This course will help teachers build a foundation for the successful inclusion of all children in art experiences through participation in an art experience and reflection about the creative process. |  |

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| **Saturday** |  | **10:14 – 11:45** | **1:15 – 2:45** | **3:00 – 4:30** |
| BB - A/B | 60 | Beth Reeder  **Life According to Mr. Rogers….** | Beth Reeder  **You Didn’t Tell Me That…. Effectively Communications with Parents** | Sarah Holmes  **Importance of Play** |
| BB - C | 40 | Robyn Kelton  **What Belongs in a Contract? Creating and Improving Your FCC Contract** - Contracts are a critical business document that family child care providers can use to communicate with families and protect themselves and their business, but oftentimes determining what belongs in a contract can be unclear or confusing. Using the Business Administration Scale for Family Child Care (BAS) as a guide, this workshop will provide participants with the knowledge needed to create or improve their own family child care contracts. | Robyn Kelton  **Put it in Writing: Creating and Improving Family Handbooks** - Many of the challenges family child care providers face can be eliminated by having clear family policies in writing. An effective family handbook can set expectations, clarify relationships, reduce frustration, and help bridge communication between providers and families, but writing and organizing effective policies for a handbook can be challenging. Using the Business Administration Scale for Family Child Care (BAS) as a guide, this workshop will help providers create a more efficient and effective family handbook. | Star Robinson  **Keeping it R.E.A.L. Recyclables. Engaging Environments. Adaptations for all Ages. Loose Parts -** How can lose parts and recyclables strengthen young children’s STEM skills?  This course explores using everyday materials to engage mixed age groups safely.  Participants will examine the importance of their role in supporting math and science skills; how to manage the environment using recyclables and lose parts; and bring it all together to align with Mathematics and Science KELS. |
| BB - D | 40 | Dawn Brown  **Fun, Fun, Fun until the Teacher Told Me to Stop!** - In this class participants will explore their attitude towards risky play. They will have a chance to learn about six areas or risky play. They will also learn how they can start providing risk taking experiences for the child in their setting. | Rosanna Munoz  **Developing Environmental Literacy in Preschoolers** - In this class, participants will learn why children need nature, what early childhood environmental education looks like, and learn ways to increase nature in their own programs. | Carrie Griffin  **From Seed to Harvest: How to reap the benefits of gardening with children** - Planting a garden and including children in the growing process provides an enormous boost to their understanding of life cycles and the food that nourishes their bodies. In this workshop, participants will see a huge variety of ways to include gardening into their program no matter how small their space or how limited their budget. Different types of gardens will be discussed, from vegetable gardens and sensory gardens to butterfly gardens and herb gardens. Any of these can easily be incorporated into any program and enhance children's knowledge of the natural world. |
| RR D2/D3 | 60 | Amy Nelson  **Coming to our senses, understanding sensory processing disorder – Part 1&2** - Child Care professionals are called to accommodate and support children with a variety of needs. Sensory Processing differences are widely unrecognized, since children are developing their need to self-regulate. Providers can be on the forefront of providing information, resources and supportive services to individuals with sensory processing differences. This course unpacks the concept of Sensory Processing and how to apply this knowledge. | Amy Nelson  **Coming to our senses, understanding sensory processing disorder – Part 1&2** - Child Care professionals are called to accommodate and support children with a variety of needs. Sensory Processing differences are widely unrecognized, since children are developing their need to self-regulate. Providers can be on the forefront of providing information, resources and supportive services to individuals with sensory processing differences. This course unpacks the concept of Sensory Processing and how to apply this knowledge. | Amy Nelson  **Clear is Kind: Communication to increase compliance** - Concise language involves using the most effective words in order to get one’s point across. Childcare providers may often use words in their sentences that may clutter their message. This may confuse children and result in undesired behavior or lack of compliance. In this training childcare providers will gain a basic understanding of language development and how it impacts compliance. They will learn how to convey a clear message when instructing children in their care. |